

# 2019 Michigan HS Indoor Track Elite Boys

Includes all meets, including non-MITS events. Shows school affiliations and years for informational purposes, even though no Michigan athletes compete for their schools until the MHSAA season opens.

+ = converted time; # (after team) = relay team probably composed of runners from different schools, or not known; # (after time) = en route time recorded on way to longer distance; (!) = in a field event listing indicates an ancillary mark made in competition.

Relay names/splits: to give the athletes the credit they are due, we are trying to include relay names/splits whenever we can for top marks that might make the all-time lists—help us out there by letting us know. Splits need to add to the total official time, so occasionally I will add a tenth or two, usually to the first runner.

To make corrections: send a note to [jeffhollobaugh@aol.com](mailto:jeffhollobaugh@aol.com)

## Updated 4/3

### 55 METERS

6.37#	Dylan Brown (Detroit Renaissance)11	New York/New Balance Nationals (60) (h) .. 3/ 9/2018
6.38#	Brown	New York/New Balance Nationals (60)..... 3/10/2018
6.39#	Brown	New York/New Balance Nationals (60) (s).. 3/10/2018
6.47#	James Flournoy (Westland Glenn)12	New York/New Balance Nationals (60) (h) .. 3/ 9/2018
6.47#	Flournoy	New York/New Balance Nationals (60) (s).. 3/10/2018
6.58#	Noah Stallworth (Rockford)12	New York/New Balance Nationals (60) (h) .. 3/ 9/2018
6.60#	Udodi Onwuzurike (Bloomfield Hills Rice)10	New York/New Balance Nationals (60) (h) .. 3/ 8/2019
6.65#	Kyle Martin (Ann Arbor Huron)12	New York/New Balance Nationals (60) (h) .. 3/ 8/2019
6.68#	Ashton Sanders (Ann Arbor Huron)11	New York/New Balance Nationals (60) (h) .. 3/ 8/2019

### 60 METERS

6.82	Dylan Brown (Detroit Renaissance)11	Geneva/SPIRE Scholastic Showcase ..... 2/10/2019
6.83	Brown	New York/New Balance Nationals (h)..... 3/ 9/2018
6.84	Brown	New York/New Balance Nationals (s)..... 3/10/2018
6.84	Brown	New York/New Balance Nationals ..... 3/10/2018
6.87	Brown	Ypsilanti/MITS State (s)..... 2/23/2019
6.87	Brown	Ypsilanti/MITS State ..... 2/24/2019
6.89	Ryan Galliard (Redford Thurston)12	Ypsilanti/MITS State ..... 2/24/2019
6.90	James Flournoy (Westland Glenn)12	Lexington/UK Invitational ..... 2/16/2019
6.91	Flournoy	Geneva/SPIRE Scholastic Showcase ..... 2/10/2019
6.91	Brown	Ypsilanti/MITS State (h)..... 2/23/2019
6.92	Flournoy	New York/New Balance Nationals (s)..... 3/10/2018
6.93	Brown	Geneva/SPIRE Scholastic Showcase (h)... 2/10/2019
6.93	Galliard	Ypsilanti/MITS State (s)..... 2/23/2019
6.94	Flournoy	Saginaw/MITS ..... 1/19/2019
6.94	Flournoy	Lexington/UK Invitational (h) ..... 2/16/2019
6.94	Galliard	Ypsilanti/MITS State (h)..... 2/23/2019
6.94	Brown	Ypsilanti/Huron Relays (small) ..... 3/22/2019
6.95	Flournoy	Saginaw/MITS (h) ..... 1/19/2019
6.95	Brown	Saginaw/MITS (h) ..... 1/19/2019
6.95	Brown	Hillsdale/Charger Elite..... 1/26/2019
6.95	Flournoy	New York/New Balance Nationals (h)..... 3/ 9/2019
6.96	Brown	Ypsilanti/MITS ..... 1/ 5/2019
6.96	Galliard	Saginaw/MITS ..... 2/16/2019
6.97	Galliard	Saginaw/MITS (h) ..... 2/16/2019
6.98	Flournoy	Ypsilanti/MITS ..... 2/ 2/2019
6.99	Brown	Saginaw/MITS ..... 1/19/2019
6.99	Udodi Onwuzurike (Bloomfield Hills Rice)10	Ypsilanti/MITS State (s)..... 2/23/2019
7.00	Tony Martin (Saginaw)12	Saginaw/MITS (h) ..... 1/19/2019
7.00	Darren Jackson (Jenison)12	Allendale/Laker Challenge ..... 3/20/2019
7.01	Ashton Sanders (Ann Arbor Huron)11	Saginaw/MITS ..... 1/12/2019
7.01	Stephan Bracey (East Kentwood)12	Grand Rapids/Wendy's Challenge ..... 3/26/2019
7.02	John Jackman (Romeo)12	Ypsilanti/MITS ..... 1/11/2019

7.02	Kyle Martin (Ann Arbor Huron)12	Ypsilanti/MITS State (s).....	2/23/2019
7.03	Phillip Stewart (Oak Park)12	Saginaw/MITS.....	1/19/2019
7.03	Corion Montgomery (Oak Park)12	Ypsilanti/MITS State (s).....	2/23/2019
7.05	Noah Stallworth (Rockford)12	Saginaw/MITS.....	2/ 2/2019
7.05	Jarel Jackson (Jenison)12	Allendale/Gazelle Elite .....	2/16/2019
7.05	Ralph Donaldson (Beverly Hills Groves)11	Ypsilanti/MITS State (s).....	2/23/2019
7.05	Thaddius Gamble (Grand Rapids Christian)11	Allendale/Laker Challenge 3-4 .....	3/22/2019
7.06	Ben Williams (Farmington Hills Harrison)12	Hillsdale/Charger Open.....	1/ 5/2019
7.06	Jarel Jackson (Jenison)12	Allendale/Winter Classic .....	1/ 5/2019
7.08	Michael Bowens (Oak Park)11	Ypsilanti/Huron Relays (large).....	3/23/2019
7.09	Ian Kennelly (Utica Eisenhower)12	Saginaw/MITS.....	12/ 8/2018
7.09	Caden Smith (Monroe St Mary)11	Ypsilanti/MITS State.....	2/24/2019
7.09	Adrian Gamage (Sterling Heights)11	Warren/Macomb Champs .....	3/28/2019

### 200 METERS

21.42	Dylan Brown (Detroit Renaissance)11	New York/New Balance Nationals .....	3/10/2018
21.63	Brown	New York/New Balance Nationals (h).....	3/ 9/2018
21.95	Noah Stallworth (Rockford)12	New York/New Balance Nationals .....	3/ 8/2019
22.04	Stallworth	New York/New Balance Nationals (h).....	3/ 8/2019
22.06	Tony Martin (Saginaw)12	Ypsilanti/MITS State.....	2/24/2019
22.22	Martin	New York/New Balance Nationals (h).....	3/ 8/2019
22.25	Ashton Sanders (Ann Arbor Huron)11	Ypsilanti/MITS State.....	2/24/2019
22.37	James Flournoy (Westland Glenn)12	New York/New Balance Nationals (h).....	3/ 9/2019
22.51	Phillip Stewart (Oak Park)12	New York/Bullis Invitational .....	1/26/2019
22.63	Brandon Miller (Fenton)10	Ypsilanti/MITS State (h).....	2/23/2019
22.77	Kyle Martin (Ann Arbor Huron)12	Ypsilanti/MITS .....	2/ 2/2019
22.80	Alan Choukourian (Bloomfield Hills)12	Ypsilanti/MITS State (h).....	2/23/2019
22.82	Muhammad Jammeh (Detroit Renaissance)12	Ypsilanti/MITS .....	2/ 2/2019
22.84	Caleb Oyster (Utica Eisenhower)12	Ypsilanti/MITS .....	12/15/2018
22.85	Vincent Giuliano (Concord)11	Hillsdale/Charger Qualifier .....	1/19/2019
22.85	Jakody Sikora (Farmington)11	Ypsilanti/MITS State.....	2/24/2019
22.90	Benny Diaz (Saugatuck)9	Ypsilanti/MITS State.....	2/24/2019
23.01	Mika Gjorgjevski (Rochester Hills Stoney Creek)11	Ypsilanti/MITS State.....	2/24/2019
23.04	Andre Saffore (Grosse Pointe North)12	Ypsilanti/MITS State.....	2/24/2019
23.05	Wesley Simpson (Marysville)12	Hillsdale/Charger Elite.....	1/26/2019
23.06	Ralph Donaldson (Beverly Hills Groves)11	Ypsilanti/MITS .....	12/20/2018

### Oversized Track:

21.61	Dylan Brown (Detroit Renaissance)11	Geneva/SPIRE Scholastic Showcase .....	2/10/2019
21.93	Tony Martin (Saginaw)12	Saginaw/MITS.....	2/ 2/2019
21.97	Martin	Saginaw/MITS.....	2/16/2019
21.97	James Flournoy (Westland Glenn)12	Lexington/UK Invitational .....	2/16/2019
22.01	Noah Stallworth (Rockford)12	Saginaw/MITS.....	2/ 2/2019
22.14	Ashton Sanders (Ann Arbor Huron)11	Saginaw/MITS.....	2/16/2019
22.28	Brandon Miller (Fenton)10	Saginaw/SVSU D1 .....	3/20/2019
22.29	Terrence Muex (Flint Carman-Ainsworth)10	Saginaw/SVSU D1 .....	3/20/2019
22.61	Corion Montgomery (Oak Park)12	Saginaw/MITS.....	2/16/2019
22.62	John Jackman (Romeo)12	Saginaw/SVSU D1 .....	3/20/2019
22.65	Caleb Oyster (Utica Eisenhower)12	Saginaw/MITS.....	1/12/2019
22.70	Trent Barron (Flint Carman-Ainsworth)12	Saginaw/MITS.....	1/12/2019
22.71	Kyle Stockford (Sanford-Meridian)12	Saginaw/MITS.....	1/12/2019
22.71	Jordan Brown (Niles)12	Allendale/Laker Challenge .....	3/20/2019
22.72	Vincent Giuliano (Concord)11	Allendale/adidas Open .....	1/12/2019
22.78	Giovanni Weeks (Kent City)12	Allendale/Laker Challenge 3-4 .....	3/22/2019
22.88	Mika Gjorgjevski (Rochester Hills Stoney Creek)11	Saginaw/MITS.....	2/ 2/2019
22.93	Justin Kudera (Yale)12	Saginaw/SVSU D2.....	3/21/2019
22.99	Gavin Hooker (Union City)12	Allendale/Holiday Open.....	12/ 1/2018
22.99	Wesley Simpson (Marysville)12	Saginaw/MITS.....	1/12/2019

### 300 METERS

37.47	Dancaille Robinson (St Clair Shores Lakeview)12	Warren/Macomb Champs .....	3/28/2019
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### 400 METERS

49.88	James Flournoy (Westland John Glenn)12	Ypsilanti/MITS State .....	2/24/2019
50.04	Wesley Simpson (Marysville)12	Ypsilanti/MITS State .....	2/24/2019
50.24	Parker Raymond (Rochester Adams)12	Hillsdale/Charger Elite .....	1/26/2019
50.65	Trent Barron (Flint Carman-Ainsworth)12	Ypsilanti/MITS State .....	2/24/2019
50.76	Caleb Oyster (Utica Eisenhower)12	Ypsilanti/MITS State .....	2/24/2019
50.90	Dubem Amene (Southfield Christian)11	Hillsdale/Charger Elite .....	1/26/2019
51.03	Jason Flake (Oak Park)12	New York/Bullis Invitational .....	1/26/2019
51.13	Josh Momeyer (Livonia Churchill)12	Ypsilanti/MITS State .....	2/24/2019
51.19	Dillon Tatum (West Bloomfield)9	Ypsilanti/MITS State .....	2/24/2019
51.26	Justin Kudera (Yale)12	Ypsilanti/MITS .....	2/ 2/2019
51.37	Chandler Cheeks (Mason)12	Ypsilanti/MITS .....	12/15/2018
51.37	Vincent Giuliano (Concord)11	Ypsilanti/MITS .....	2/ 2/2019
51.81	Josh Flake (Oak Park)9	Ypsilanti/MITS State .....	2/24/2019
51.91	Savante Daniel (Ann Arbor Skyline)11	Ypsilanti/MITS State .....	2/24/2019
51.96	Lukas Mitrius (Bloomfield Hills Rice)12	Ypsilanti/MITS .....	2/16/2019
51.97	Berry Matthews (Salem)12	Ypsilanti/MITS State .....	2/24/2019
51.99	Jeremiah Smith (Oak Park)12	New York/Bullis Invitational .....	1/26/2019

**Oversized Track:**

48.76	Wesley Simpson (Marysville)12	Geneva/SPIRE Scholastic Showcase .....	2/10/2019
49.63	James Flournoy (Westland Glenn)12	Saginaw/MITS .....	1/19/2019
49.67	Trent Barron (Flint Carman-Ainsworth)12	Saginaw/SVSU D1 .....	3/20/2019
49.79	Justin Kudera (Yale)12	Saginaw/SVSU D2 .....	3/21/2019
50.00	Vincent Giuliano (Concord)11	Allendale/Winter Classic .....	1/ 5/2019
50.18	Dubem Amene (Southfield Christian)11	Saginaw/MITS .....	1/19/2019
50.41	Berry Matthews (Salem)12	Saginaw/SVSU D1 .....	3/20/2019
50.45	Chandler Cheeks (Mason)12	Saginaw/MITS .....	12/ 8/2018
50.46	Jason Flake (Oak Park)12	Geneva/SPIRE Scholastic Showcase .....	2/10/2019
50.46	Muhammed Jammeh (Detroit Renaissance)10	Saginaw/MITS .....	2/16/2019
50.47	Tamaal Myers (Detroit Cass Tech)9	Saginaw/MITS .....	2/16/2019
50.60	Jeronn Body (Grand Blanc)12	Saginaw/MITS .....	2/ 2/2019
50.71	Tyler Burrell (Walled Lake Central)12	Saginaw/SVSU D1 .....	3/20/2019
50.77	Parker Raymond (Rochester Adams)12	Saginaw/MITS .....	1/19/2019
50.77	Dylan Brown (Detroit King)12	Saginaw/MITS .....	1/19/2019
50.87	Josh Momeyer (Livonia Churchill)12	Geneva/SPIRE Scholastic Showcase .....	2/10/2019
50.93	Bashar Abouljoud (Grosse Pointe South)11	Saginaw/MITS .....	2/ 2/2019

**600 METERS**

1:26.03	Jack Rankin (Orchard Lake St Mary)11	Warren/Macomb Champs .....	3/28/2019
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**800 METERS**

1:53.73	Nick Foster (Ann Arbor Pioneer)12	Ypsilanti/MITS .....	2/ 2/2019
1:55.19	Parker Raymond (Rochester Adams)12	Ypsilanti/MITS .....	2/ 2/2019
1:55.73	Patrick Byrnes (Plymouth)10 (55.5/60.2)	Ypsilanti/MITS State .....	2/24/2019
1:56.27	Nick Couyoumijian (Northville)12	Ypsilanti/MITS State .....	2/24/2019
1:56.60	Byrnes	Ypsilanti/MITS .....	2/ 2/2019
1:56.91	Noah Fuerst (Waterford Mott)12	New York/New Balance Nationals .....	3/ 8/2019
1:56.99	Couyoumijian	Ypsilanti/MITS .....	2/ 2/2019
1:58.32	Jack Rankin (Orchard Lake St Mary's)11	Ypsilanti/MITS State .....	2/24/2019
1:58.57	Tomme Smith (Sparta)12	Hillsdale/Charger Open .....	1/ 5/2019
1:58.90	Terrence Brooks (Mt Clemens Chippewa Valley)11	Ypsilanti/MITS State .....	2/24/2019
1:59.02	Micah VanderKooi (GR South Christian)11	Grand Rapids/Wendy's Challenge .....	3/26/2019
1:59.39	Geoffrey Batterbee (Forest Hills Central)12	Ypsilanti/MITS State .....	2/24/2019
1:59.41	JaVonne Kirksey (Oak Park)12	New York/Bullis Invitational .....	1/26/2019
1:59.71	Hezekiah Williams (Salem)10	Ypsilanti/MITS .....	12/15/2018
1:59.79	Nathan Sesti (Clarkston)11	Ypsilanti/MITS .....	2/ 2/2019
1:59.86	Hunter Zartman (Otsego)11	Ypsilanti/MITS State .....	2/24/2019
2:00.14	Isaac Waffle (Olivet)12	Ypsilanti/MITS State .....	2/24/2019
2:00.17	Ethan Hamilton (Flint Powers)11	Ypsilanti/MITS State .....	2/24/2019
2:00.31	Titus Bretzke (Greenville)10	Ypsilanti/MITS State .....	2/24/2019
2:00.32	Jose Vivanco (Holly)12	Ypsilanti/MITS State .....	2/24/2019
2:00.60	Javonne Kirksey (Oak Park)12	Ypsilanti/MITS State .....	2/24/2019
2:01.13	Bashir Abouljood (Grosse Pointe South)11	Ypsilanti/MITS .....	2/16/2019

2:01.16	Dubem Amene (Southfield Christian)11	Ypsilanti/MITS .....	2/ 2/2019
2:01.64	Cedric Grant (Clinton Twp Chippewa Valley)12	Grand Rapids/MITS .....	2/ 9/2019
2:01.70	Alex Penski (Holt)11	East Lansing/True-Team Inv .....	3/27/2019
2:01.82	Sam Tarling (Rochester Hills Stoney Creek)11	Ypsilanti/MITS .....	2/ 2/2019

**Oversized Track:**

1:54.62	Parker Raymond (Rochester Adams)12	Lexington/UK Invitational .....	2/16/2019
1:56.39	Nick Couyoumjian (Northville)12	Geneva/SPIRE Scholastic Showcase .....	2/10/2019
1:56.47	Noah Fuerst (Waterford Mott)12	Lexington/UK Invitational .....	2/16/2019
1:57.86	Terrence Brooks (Mt Clemens Chippewa Valley)11	Lexington/UK Invitational .....	2/16/2019
1:57.99	Jack Rankin (Orchard Lake St Mary)11	Saginaw/Distance Festival .....	2/ 9/2019
1:58.30	Ethan Hamilton (Flint Powers Catholic)12	Saginaw/Distance Festival .....	2/ 9/2019
1:58.65	Jerron Body (Grand Blanc)12	Saginaw/MITS .....	1/19/2019
1:59.29	Javonne Kirksey (Oak Park)12	Geneva/SPIRE Scholastic Showcase .....	2/10/2019
1:59.31	Titus Bretzke (Greenville)10	Allendale/adidas Open .....	1/12/2019
2:00.06	Ryan Mulcahy (Lake Orion)12	Saginaw/MITS .....	1/19/2019
2:00.12	Liam Kelly (Troy)11	Saginaw/MITS .....	1/19/2019
2:00.12	Jose Vivanco (Holly)12	Saginaw/Distance Festival .....	2/ 9/2019
2:00.22	Collin Graham (Kingsley)12	Saginaw/Distance Festival .....	2/ 9/2019
2:00.34	Jack Carter (Flint Carman-Ainsworth)11	Saginaw/SVSU D1 .....	3/20/2019
2:00.36	Nathan Sesti (Clarkston)11	Saginaw/MITS .....	1/19/2019
2:00.48	Oliver Alvesteffer (Caledonia)12	Allendale/adidas Open .....	1/12/2019

**1000 METERS**

2:35.0#	Nick Foster (Ann Arbor Pioneer)12	New York/New Balance Nationals (1M).....	3/10/2019
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**Oversized Track:**

2:33.78	Nick Couyoumjian (Northville)12	Saginaw/Breen Elite .....	2/16/2019
2:36.20	Hunter Zartman (Otsego)11	Saginaw/Breen Elite .....	2/16/2019
2:37.83	Corey Bowers (Cedar Springs)10	Saginaw/Breen Elite .....	2/16/2019
2:39.20	Samuel Tarling (Rochester Hills Stoney Creek)11	Saginaw/Breen Elite .....	2/16/2019
2:39.63	Nathan Sesti (Clarkston)11	Saginaw/Breen Elite .....	2/16/2019

**1500 METERS**

3:51.72#	Nick Foster (Ann Arbor Pioneer)12	New York/New Balance Nationals (1M).....	3/10/2018
4:01.49#	Aden Smith (Alpena)12	New York/New Balance Nationals (1M).....	3/ 9/2018
4:08.12#	Josh Smith (Alpena)12	New York/New Balance Nationals (1M).....	3/ 9/2018

**1600 METERS**

4:05.75+	Nick Foster (Ann Arbor Pioneer)12 (60.4, 62.9, 63.7, 60.2)	New York/NB Nationals (4:07.18).....	3/10/2018
4:16.41	Foster (64.9, 66.3, 66.2, 59.0)	Ypsilanti/MITS State .....	2/24/2019
4:17.06	Alex Comerford (Otsego)12 (64.3,66.7, 66.3, 59.8)	Ypsilanti/MITS State .....	2/24/2019
4:17.38+	Aden Smith (Alpena)12	New York/New Balance Nationals (4:18.88)	3/ 9/2018
4:19.43	A. Smith	Ypsilanti/MITS State .....	2/24/2019
4:21.73	Josh Smith (Alpena)12	Ypsilanti/MITS State .....	2/24/2019
4:22.43	Carson Rabbitt (Chelsea)12	Ypsilanti/MITS State .....	2/24/2019
4:23.64	Jack Spamer (Brighton)11	Ypsilanti/MITS State .....	2/24/2019
4:24.46	Joseph Tavalieri (Fraser)11	Ypsilanti/MITS State .....	2/24/2019
4:24.51	Owen Huard (Dexter)11	Ypsilanti/MITS State .....	2/24/2019
4:24.66	Ransom Allen (Ithaca)12	Ypsilanti/MITS State .....	2/24/2019
4:25.07	Sam Sharnas (Holland Black River)12	Ypsilanti/MITS State .....	2/24/2019
4:25.96	Shawn Slater (Clarkston)11	Ypsilanti/MITS State .....	2/24/2019
4:26.16	Sam Martens (Holland)12	Grand Rapids/MITS .....	2/ 9/2019
4:27.42	Ryan Mulcahy (Lake Orion)12	Hillsdale/Charger Elite .....	1/26/2019
4:27.42	Alex Penski (Holt)11	Ypsilanti/MITS .....	2/16/2019
4:27.43	Noah Fuerst (Waterford Mott)12	Hillsdale/Charger Elite .....	1/26/2019

**Oversized Track:**

4:07.16	Nick Foster (Ann Arbor Pioneer)12	Geneva/SPIRE Scholastic Showcase .....	2/10/2019
4:12.39+	Foster	Allendale/Winter Classic (4:13.86) .....	1/ 5/2019
4:18.59+	Corey Gorgas (Saugatuck)12	Allendale/Winter Classic (4:20.09) .....	1/ 5/2019
4:21.37+	Aden Smith (Alpena)12	Allendale/Winter Classic (4:22.89) .....	1/ 5/2019
4:22.18	Alec Miracle (Bloomfield Hills Rice)12	Saginaw/MITS .....	2/ 2/2019

4:22.55 Carter Solomon (Plymouth)11  
 4:23.03 Ransom Allen (Ithaca)12  
 4:23.32+ Evan Bishop (East Grand Rapids)11  
 4:24.12+ Sam Sharnas (Holland Black River)12  
 4:24.85 Jesse Edelstein (Ann Arbor Skyline)12  
 4:25.22+ Yami Albrecht (Caro)12  
 4:25.41 Ben Jacobs (Corunna)12  
 4:25.56 Evan White (Milford)12

**Mile – no conversions:**

4:07.18 Nick Foster (Ann Arbor Pioneer)12  
 4:18.88 Aden Smith (Alpena)12  
 4:25.63 Josh Smith (Alpena)12

**2000 STEEPLE**

6:55.93 Braxton Lamey (Ithaca)10  
 7:09.49 Carter Vandermeer (Comstock Park)10  
 7:26.28 Ryan Nicholson (Allen Park)11  
 7:57.00 Jace Selvidge (Mt Pleasant)10  
 8:02.62 Jake O'Neil (Remus Chippewa Hills)9  
 8:05.83 Avery Sanchez (Allen Park)12  
 8:08.50 Nicholas Sherman (Remus Chippewa Hills)10  
 8:08.50 Craig Wernette (Remus Chippewa Hills)9  
 8:12.16 Brady Hawks (Laingsburg)11  
 8:16.12 Rhys Wazny (St Charles)12

**3000 METERS**

8:28.40# James Gedris (Grosse Ile)12  
 8:36.94# Alex Comerford (Otsego)12  
 8:37.33# Sam Martens (Holland)12  
 8:47.24# Jack Spamer (Brighton)11  
 8:48.46# Gedris  
 8:48.52# Corey Gorgas (Saugatuck)12  
 8:48.82# Gedris  
 8:49.63# Martens  
 8:53.08# Carter Solomon (Plymouth)11  
 8:54.96# Jozef Meyers (Kalamazoo Norrix)11  
 8:55.00# Zach Stewart (Brighton)11

**3200 METERS**

9:00.39+ James Gedris (Grosse Ile)12  
 9:05.66+ Sam Martens (Holland)12  
 9:12.09+ Alex Comerford (Otsego)12  
 9:19.93 Gedris  
 9:20.37 Corey Gorgas (Saugatuck)12  
 9:21.03+ Jack Spamer (Brighton)11  
 9:22.48 Evan Bishop (East Grand Rapids)11  
 9:23.95+ Zach Stewart (Brighton)11  
 9:25.55 Sam Martens (Holland)12  
 9:27.84+ Jozef Meyers (Kalamazoo Norrix)11  
 9:28.77 Carter Solomon (Plymouth)11  
 9:35.79 Brendan Favazza (Clarkston)11  
 9:41.27 John Florence (Ann Arbor Pioneer)12  
 9:41.98 Colin Kane (Dundee)12

**Oversized Track:**

8:57.56 Nick Foster (Ann Arbor Pioneer)12  
 9:02.63 Corey Gorgas (Saugatuck)12  
 9:05.20 Alex Comerford (Otsego)12  
 9:09.00 James Gedris (Grosse Ile)12  
 9:09.45 Sam Martens (Holland)12  
 9:18.95 Jack Spamer (Brighton)11  
 9:19.53 Evan Bishop (East Grand Rapids)11  
 9:19.66 Ransom Allen (Ithaca)12

Saginaw/MITS..... 1/12/2019  
 Saginaw/MITS..... 2/ 2/2019  
 Allendale/Winter Classic (4:24.85) ..... 1/ 5/2019  
 Allendale/Winter Classic (4:25.66) ..... 1/ 5/2019  
 Saginaw/MITS..... 1/12/2019  
 Allendale/Winter Classic (4:26.76) ..... 1/ 5/2019  
 Saginaw/MITS..... 12/ 8/2018  
 Saginaw/MITS..... 1/19/2019

New York/New Balance Nationals ..... 3/10/2018  
 New York/New Balance Nationals ..... 3/ 9/2018  
 New York/New Balance Nationals ..... 3/ 9/2018

Mt Pleasant/MITS..... 1/16/2019  
 Mt Pleasant/MITS..... 1/16/2019  
 Mt Pleasant/MITS..... 1/16/2019  
 Mt Pleasant/MITS..... 1/16/2019  
 Mt Pleasant/MITS..... 1/16/2019  
 Mt Pleasant/MITS..... 1/16/2019  
 Mt Pleasant/MITS..... 1/16/2019  
 Mt Pleasant/MITS..... 1/16/2019  
 Mt Pleasant/MITS..... 1/16/2019  
 Mt Pleasant/MITS..... 1/16/2019

New York/New Balance Nationals (2M)..... 3/10/2019  
 New York/New Balance Nationals (2M)..... 3/10/2019  
 New York/New Balance Nationals (2M)..... 3/10/2019  
 New York/New Balance Nationals (2M)..... 3/ 8/2019  
 Hillsdale/Charger Elite (3200) ..... 1/26/2019  
 Hillsdale/Charger Qualifier (3200) ..... 1/19/2019  
 Ypsilanti/MITS State (3200)..... 2/23/2019  
 Ypsilanti/MITS State (3200)..... 2/23/2019  
 Ypsilanti/MITS State (3200)..... 2/23/2019  
 New York/New Balance Nationals (2M)..... 3/ 8/2019  
 New York/New Balance Nationals (2M)..... 3/ 8/2019

New York/NB Nationals (9:03.54)..... 3/10/2019  
 New York/NB Nationals (9:08.84)..... 3/10/2019  
 New York/NB Nationals (9:15.31)..... 3/10/2019  
 Ypsilanti/MITS State ..... 2/23/2019  
 Hillsdale/Charger Qualifier ..... 1/19/2019  
 New York/New Balance Nationals (9:24.30) 3/ 8/2019  
 Ypsilanti/MITS State ..... 2/23/2019  
 New York/New Balance Nationals (9:27.23) 3/ 8/2019  
 Ypsilanti/MITS State ..... 2/23/2019  
 New York/New Balance Nationals (9:31.15) 3/ 8/2019  
 Ypsilanti/MITS State ..... 2/23/2019  
 Ypsilanti/MITS State ..... 2/23/2019  
 Ypsilanti/MITS State ..... 2/23/2019

Allendale/Gazelle Elite 3200 ..... 2/16/2019  
 Allendale/Gazelle Elite 3200 ..... 2/16/2019  
 Allendale/Gazelle Elite 3200 ..... 2/16/2019  
 Allendale/Gazelle Elite 3200 ..... 2/16/2019  
 Allendale/Gazelle Elite 3200 ..... 2/16/2019  
 Allendale/Gazelle Elite 3200 ..... 2/16/2019  
 Saginaw/Distance Festival ..... 2/ 9/2019  
 Allendale/Gazelle Elite 3200 ..... 2/16/2019

9:19.98	Carter Solomon (Plymouth)11	Allendale/Gazelle Elite 3200 .....	2/16/2019
9:21.94	Evan White (Milford)12	Allendale/Gazelle Elite 3200 .....	2/16/2019
9:23.99	Jozef Meyers (Kalamazoo Norrix)11	Allendale/Gazelle Elite 3200 .....	2/16/2019
9:25.57	Zach Stewart (Brighton)11	Allendale/Gazelle Elite 3200 .....	2/16/2019
9:27.68	Brendan Favazza (Clarkston)11	Saginaw/MITS.....	1/19/2019

**Two Miles – no conversions:**

9:03.54	James Gedris (Grosse Ile)12	New York/New Balance Nationals .....	3/10/2019
9:08.84	Sam Martens (Holland)12	New York/New Balance Nationals .....	3/10/2019
9:15.31	Alex Comerford (Otsego)12	New York/New Balance Nationals .....	3/10/2019
9:24.30	Jack Spamer (Brighton)11	New York/New Balance Nationals .....	3/ 8/2019
9:27.23	Zach Stewart (Brighton)11	New York/New Balance Nationals .....	3/ 8/2019
9:28.24	Corey Gorgas (Saugatuck)12	New York/New Balance Nationals .....	3/10/2019
9:31.15	Jozef Meyers (Kalamazoo Norrix)11	New York/New Balance Nationals .....	3/ 8/2019

**5000 METERS**

14:40.75	Corey Gorgas (Saugatuck)12	New York/New Balance Nationals .....	3/ 8/2019
15:01.81	Ransom Allen (Ithaca)12	New York/New Balance Nationals .....	3/ 8/2019
15:02.24	Evan Bishop (East Grand Rapids)11	New York/New Balance Nationals .....	3/ 8/2019
15:07.23	Alex Comerford (Otsego)12	New York/New Balance Nationals .....	3/ 8/2019

**Oversized Track:**

14:50.95	James Gedris (Grosse Ile)12	Saginaw/Distance Festival .....	2/ 9/2019
15:11.02	Ransom Allen (Ithaca)12	Saginaw/Distance Festival .....	2/ 9/2019
15:28.87	Tommy Hufton (Lake Fenton)12	Saginaw/Distance Festival .....	2/ 9/2019
15:42.04	Anthony Hancock (Dearborn Divine Child)11	Saginaw/Distance Festival .....	2/ 9/2019
15:56.38	James Maddocks (Mayville)12	Saginaw/Distance Festival .....	2/ 9/2019
15:56.40	David Knarian (Bad Axe)12	Saginaw/Distance Festival .....	2/ 9/2019
15:58.20	Andrew Periard (East Grand Rapids)12	Saginaw/Distance Festival .....	2/ 9/2019
15:58.52	Mason Sumner (Breckinridge)9	Saginaw/Distance Festival .....	2/ 9/2019
16:17.59	Brendan Knuth (Dryden)12	Saginaw/Distance Festival .....	2/ 9/2019
16:17.74	Hunter Green (Oxford)12	Saginaw/Distance Festival .....	2/ 9/2019

**55 HURDLES**

7.57#	Brandon Ratliff (Wyoming)12	New York/New Balance Nationals (60) (h) ..	3/ 9/2018
7.76#	Leo Gabaron (Ann Arbor Pioneer)11	New York/New Balance Nationals (60) (h) ..	3/ 8/2019
7.78#	Logan Allen (Orchard Lake St Mary's)10	New York/New Balance Nationals (60) (h) ..	3/ 8/2019

**60 HURDLES**

8.03	Keshaun Harris (Lansing Waverly)12	Ypsilanti/MITS State .....	2/24/2019
8.07	Harris	Ypsilanti/MITS .....	2/16/2019
8.08	Brandon Ratliff (Wyoming)12	Lexington/UK Invitational .....	2/16/2019
8.09	Ratliff	Ypsilanti/MITS State .....	2/24/2019
8.15	Ratliff	New York/New Balance Nationals (h).....	3/ 9/2018
8.18	Harris	Ypsilanti/MITS State (h).....	2/23/2019
8.18	Harris	Ypsilanti/MITS State (s).....	2/23/2019
8.20	Michael Ostuno (East Kentwood)11	Allendale/Holiday Open.....	12/ 1/2018
8.20	Ratliff	Hillsdale/Charger Elite.....	1/26/2019
8.20	Ratliff	Lexington/UK Invitational .....	2/16/2019
8.21	Ratliff	Hillsdale/Charger Elite (h) .....	1/26/2019
8.22	Ostuno	Allendale/Winter Classic .....	1/ 5/2019
8.22	Thomas Moreman (Lake Orion)12	Hillsdale/Charger Elite.....	1/26/2019
8.22	Ratliff	Ypsilanti/MITS State (h).....	2/23/2019
8.22	Moreman	Ypsilanti/Huron Relays (large).....	3/23/2019
8.23	Ostuno	Mt Pleasant/MITS.....	1/ 2/2019
8.23	Ratliff	Ypsilanti/MITS State (s).....	2/23/2019
8.24	Leo Gabaron (Ann Arbor Pioneer)11	Ypsilanti/MITS State (s).....	2/23/2019
8.30	Logan Allen (Orchard Lake St Marys)10	Ypsilanti/MITS State .....	2/24/2019
8.35	Heath Baldwin (Kalamazoo Hackett)12	Ypsilanti/MITS State .....	2/24/2019
8.39	Darrin King (Detroit Country Day)12	Ypsilanti/Huron Relays (small) .....	3/22/2019
8.40	Malcolm Caldwell (Plymouth)12	Ypsilanti/Huron Relays (large).....	3/23/2019
8.45	Shane Ross (Oxford)11	Hillsdale/Charger Elite.....	1/26/2019
8.45	Brad Dunn (Saugatuck)12	Allendale/Laker Challenge 3-4 .....	3/22/2019
8.49	Aaron Herron (Holton)12	Allendale/Laker Challenge 3-4 .....	3/22/2019

8.50	Nathan Furst (Caro)12	Ypsilanti/MITS State (s).....	2/23/2019
8.50	Ethan Flores (Fruitport)11	Allendale/Laker Challenge .....	3/20/2019
8.51	Cameron Wright (Rochester)12	Ypsilanti/MITS State .....	2/24/2019
8.51	Daniel Mason (Orchard Lake St Mary)11	Warren/Macomb Champs .....	3/28/2019
8.58	Anthony Pisanti (Temperance Bedford)12	Ypsilanti/MITS State .....	2/24/2019
8.60	Jevin Williams (Harper Woods Chandler Park)11	Saginaw/MITS (h) .....	12/ 8/2018
8.60	Ryan Talbot (Forest Hills Central)12	Allendale/Laker Challenge 3-4 .....	3/22/2019
8.61	Noah Klopff (Freeland)11	Saginaw/MITS .....	2/16/2019
8.61	Montel Lewis (Detroit Cody)12	Ypsilanti/Huron Relays (small) .....	3/22/2019
8.61	Jaylin Holmes (East Kentwood)9	Grand Rapids/Wendy's Challenge .....	3/26/2019
8.61	Zac Ozormoor (Grosse Pointe North)12	Warren/Macomb Champs .....	3/28/2019
8.62	Brian You (Novi)11	Saginaw/SVSU D1 .....	3/20/2019
8.63	Nithin Philip (Livonia Stevenson)12	Ypsilanti/MITS State (s).....	2/23/2019
8.63	Noah Babin (Algonac)12	Saginaw/SVSU D1 .....	3/20/2019

## HIGH JUMP

6-6	Alex Breen (Royal Oak)12	Ypsilanti/MITS State .....	2/24/2019
6-5	Ethan Vargo (Grand Blanc)11	Saginaw/MITS .....	2/ 2/2019
6-5	Mason Mahacek (Grand Haven)12	Allendale/Gazelle Elite .....	2/16/2019
6-5	Cass Dobrowolski (Port Huron Northern)10	Saginaw/SVSU D1 .....	3/20/2019
6-4	Christopher Brown (Livonia Churchill)11	Ypsilanti/MITS .....	1/ 5/2019
6-4	Spencer Eves (Hillsdale)12	Hillsdale/Charger Qualifier .....	1/19/2019
6-4	Theo Shepherd (Battle Creek Central)11	Ypsilanti/MITS .....	2/16/2019
6-4	Justin Saje (Macomb Lutheran North)11	Ypsilanti/MITS State .....	2/24/2019
6-4	Sam Spaulding (Berrien Springs)12	Allendale/Laker Challenge 3-4 .....	3/22/2019
6-3	Ethan Englehardt (Saginaw Valley Lutheran)12	Saginaw/MITS .....	12/ 8/2018
6-3	Thomas Moreman (Lake Orion)12	Saginaw/MITS .....	2/ 2/2019
6-3	Elias Haddad (Rockford)11	Saginaw/MITS .....	2/ 2/2019
6-3	Andre Daniels (Waterford Kettering)12	Saginaw/SVSU D1 .....	3/20/2019
6-2	Cameron Rasler (Delton-Kellogg)12	Allendale/Holiday Open.....	12/ 1/2018
6-2	Keith Richards (Petersburg-Summerfield)11	Ypsilanti/MITS .....	1/ 3/2019
6-2	Joe Costello (Grand Haven)12	Grand Rapids/MITS .....	1/26/2019
6-2	Justin Miller (Fenton)9	Ypsilanti/MITS State .....	2/24/2019
6-2	Weston Kvalevog (Ovid-Elsie)12	Mt Pleasant/Chippewa Inv.....	3/20/2019
6-2	Dakota Mitchell (Fruitport)10	Allendale/Laker Challenge .....	3/20/2019
6-2	Case Martin (Alma)11	Saginaw/SVSU D2 .....	3/21/2019
6-2	Nick Steinacker (Corunna)10	Saginaw/SVSU D2 .....	3/21/2019
6-2	Noel Spence (Lansing Catholic)10	Grand Rapids/Gardiner Inv .....	3/23/2019
6-2	Luke Hedstrom (St Joseph)11	Grand Rapids/Wendy's Challenge .....	3/26/2019
6-2	Jaquez Pruitt (Mason)12	East Lansing/True-Team Inv .....	3/27/2019
6-2	Devin Johnson (Lansing Waverly)12	East Lansing/True-Team Inv .....	3/27/2019

## POLE VAULT

16-0	Ryan Talbot (Forest Hills Central)12	Ypsilanti/MITS State .....	2/24/2019
15-9	Gabe Bullis (Alpena)11	Ypsilanti/MITS State .....	2/24/2019
15-9	Talbot	Ypsilanti/MITS State (!).....	2/24/2019
15-3	Talbot	Allendale/Holiday Open.....	12/ 1/2018
15-3	Bullis	Saginaw/MITS .....	2/16/2019
14-6	Colton Emeott (East Kentwood)11	Allendale/Laker Challenge .....	3/20/2019
14-6	Josh DeVries (Grand Rapids South Christian)12	Allendale/Laker Challenge .....	3/20/2019
14-3	Henry Sheldon (Dexter)11	Ypsilanti/MITS .....	12/15/2018
14-0	Ben Urquhart (Lansing Catholic)12	Allendale/Gazelle Elite .....	2/16/2019
13-9	Tim Hunt (Port Huron Northern)12	Saginaw/MITS .....	12/ 8/2018
13-6	Jacob Mirandette (East Kentwood)12	Vermontville/MITS .....	12/15/2018
13-6	Zach Dinverno (Lake Orion)12	Vermontville/MITS .....	12/15/2018
13-6	Quentin Henderson (Eaton Rapids)11	East Lansing/True-Team Inv .....	3/27/2019
13-6	Jake Perry (Walled Lake Central)12	East Lansing/True-Team Inv .....	3/27/2019
13-3	Jeremy Birmele (Bloomingdale)11	Allendale/Holiday Open.....	12/ 1/2018
13-3	Zachary Elmore (Cadillac)12	Allendale/Holiday Open.....	12/ 1/2018
13-3	Logan Clark (Ann Arbor Skyline)12	Ypsilanti/MITS .....	1/ 5/2019
13-3	Paul Muir (Williamston)12	Allendale/Winter Classic .....	1/ 5/2019
13-3	Simon Jones (Dearborn Divine Child)11	Allendale/adidas Open .....	1/12/2019

13-3	Jackson Ramsay (Livonia Churchill)11	Grand Rapids/MITS .....	2/ 9/2019
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**LONG JUMP**

22-9.75	Stephon Baldwin (Waterford Kettering)12	Ypsilanti/MITS State .....	2/23/2019
22-9	Tony Martin (Saginaw)12	Saginaw/MITS .....	2/16/2019
22-7	Stephan Bracey (East Kentwood)12	Grand Rapids/Wendy's Challenge .....	3/26/2019
22-0	Austin Brookins (Niles)12	Allendale/Laker Challenge .....	3/20/2019
21-11.5	Colton Emeott (East Kentwood)11	Ypsilanti/MITS .....	2/ 2/2019
21-11	Casey Miller (St Joseph)11	Allendale/Laker Challenge .....	3/20/2019
21-10	Jacob Torrez (Alma)10	Saginaw/SVSU D2 .....	3/21/2019
21-7.5	Elijah Lewis (Leroy Pine River)12	Mt Pleasant/Chippewa Inv.....	3/20/2019
21-5	Caden Domzelski (Canton)11	Ypsilanti/MITS .....	2/16/2019
21-4.75	Cory Hastings (Dearborn Heights Robichaud)12	Ypsilanti/Huron Relays (small) .....	3/22/2019
21-4.5	Brandon Major (Reed City)12	Mt Pleasant/Chippewa Inv.....	3/20/2019
21-4	Jevin Williams (Harper Woods Chandler Park)11	Allendale/Holiday Open.....	12/ 1/2018
21-4	Pierce Foster (Grand Haven)12	Allendale/Winter Classic .....	1/ 5/2019
21-2	Baba Conate (Auburn Hills Avondale)12	Saginaw/MITS .....	1/12/2019
21-2	Noah Klopff (Freeland)11	Saginaw/MITS .....	1/19/2019
21-1	Elijah Lewis (Leroy Pine River)12	Grand Rapids/MITS .....	1/26/2019
21-1	Lewis Richardson (Wyoming Godwin Heights)12	Grand Rapids/Wendy's Challenge .....	3/26/2019
21-0.75	Devin Johnson (Lansing Waverly)12	East Lansing/True-Team Inv .....	3/27/2019
21-0	Justin Kudera (Yale)12	Saginaw/SVSU D2 .....	3/21/2019

**TRIPLE JUMP**

42-5.25	Baba Conate (Auburn Hills Avondale)12	Ypsilanti/MITS State .....	2/23/2019
42-4	Conate	Saginaw/MITS .....	1/12/2019
41-8	Zachary Zaborney (Alpena)12	Saginaw/MITS .....	12/ 8/2018
40-5.75	Teo Tiburcio (East Lansing)11	Ypsilanti/MITS State .....	2/23/2019
40-5	Ben Urbano (Rochester Adams)12	Saginaw/MITS .....	2/ 2/2019
40-2	Noah Klopff (Freeland)11	Saginaw/MITS .....	2/ 2/2019
39-11.5	Noah Murray (Macomb Dakota)11	Ypsilanti/MITS State .....	2/23/2019
39-8.5	Ethan Ruckert (Sturgis)10	Hillsdale/Charger Open .....	1/ 5/2019
39-4	Jibril Syed (Auburn Hills Avondale)11	Saginaw/MITS .....	1/12/2019
39-1.5	Jacob Pichler (Northville)11	Ypsilanti/MITS State .....	2/23/2019
39-0.25	Eric Smith (Charlevoix)12	Ypsilanti/MITS State .....	2/23/2019
38-8.5	Cameron O'Day (Dexter)12	Hillsdale/Charger Elite.....	1/26/2019
38-6	Matt Percival (Gaylord)12	Ypsilanti/MITS State .....	2/23/2019
38-5	Ian Devine (Parma Western)11	Allendale/Holiday Open.....	12/ 1/2018
38-4.5	Patrick Judge (Shepherd)11	Ypsilanti/MITS State .....	2/23/2019
38-3.25	Brady Hawks (Laingsburg)11	Saginaw/MITS .....	2/ 2/2019
38-2	Devin Jakey (Wayland Union)12	Allendale/Gazelle Elite .....	2/16/2019
37-11	Bo Anderson (Clarkston)10	Ypsilanti/MITS .....	1/ 5/2019
37-10.5	Silas Schaerer (Saline)12	Ypsilanti/MITS State .....	2/23/2019
37-4.5	Deondray Thomas (Sparta)11	Ypsilanti/MITS State .....	2/23/2019

**SHOT**

59-3.75	Dylan Targgart (Coldwater)11	Mt Pleasant/MITS State .....	2/24/2019
58-8	Targgart	Ypsilanti/Huron Relays (small) .....	3/22/2019
56-9	Alex VanDeWeghe (Ithaca)12	Saginaw/MITS .....	2/ 2/2019
56-1	Myles Kerner (GR Kenowa Hills)12	Grand Rapids/Wendy's Challenge .....	3/26/2019
53-4	Brandon Ross (Macomb Dakota)11	Warren/Macomb Champs .....	3/28/2019
52-11.5	Nathan Spitzley (Pewamo-Westphalia)11	Allendale/Gazelle Elite .....	2/16/2019
52-0	Jordan Turner (Farmington)11	Ypsilanti/Huron Relays (large).....	3/23/2019
51-8.5	Brian Jones (Grand Blanc)12	Saginaw/SVSU D1 .....	3/20/2019
51-7	Tyler Bates (Erie-Mason)10	Mt Pleasant/MITS State .....	2/24/2019
51-6	Jackson Marsh (Sand Creek)10	Allendale/Holiday Open.....	12/ 1/2018
51-4	Jaelyne Barnett (Oak Park)11	Ypsilanti/Huron Relays (large).....	3/23/2019
51-3	Eli Winter (Alpena)11	Allendale/Holiday Open.....	12/ 1/2018
51-3	Ellis Trainor (Lansing Waverly)11	East Lansing/True-Team Inv .....	3/27/2019
50-6	Boone Bonnema (Zeeland East)12	Allendale/Laker Challenge .....	3/20/2019
50-1	Devyn Ramirez (Zeeland East)12	Allendale/Laker Challenge .....	3/20/2019



**WEIGHT**

63-6.75	Demetrius Miller (Gaylord)12	New York/New Balance Nationals .....	3/ 8/2019
62-11.75	Alex VanDeWeghe (Ithaca)12	Mt Pleasant/MITS State .....	2/24/2019
62-2	Myles Kerner (GR Kenowa Hills)12	Allendale/Winter Classic .....	1/ 5/2019
62-0.5	Miller	New York/New Balance Nationals (!).....	3/ 8/2019
61-5	VanDeWeghe	Mt Pleasant/MITS .....	1/ 4/2019
60-3	Miller	Mt Pleasant/MITS State .....	2/24/2019
59-0	Josh DeVries (Portage Northern)11	Allendale/adidas Open .....	1/12/2019
56-2.5	Eli Winter (Alpena)11	Mt Pleasant/MITS .....	1/ 4/2019
55-11.5	Noah Bolt (Mattawan)11	Mt Pleasant/MITS State .....	2/24/2019
55-9	Bryce Black (Concord)11	Mt Pleasant/MITS State .....	2/24/2019
53-7.75	Dylan Targgart (Coldwater)11	Mt Pleasant/MITS State .....	2/24/2019
51-11.5	Ben Haas (Clarkston)10	Mt Pleasant/MITS State .....	2/24/2019

**4 x 200 RELAY**

1:30.94	Oak Park (MCTC)	New York/New Balance Nationals .....	3/ 8/2019
	(Philip Stewart, Michael Bowens, Corion Montgomery 22.50, Greg Lassiter 23.05)		
1:31.83	Oak Park (MCTC)	Ypsilanti/MITS State .....	2/23/2019
	(Philip Stewart, Corion Montgomery, Michael Bowens, Jason Flake)		
1:32.96	Oak Park (MCTC)	Ypsilanti/MITS .....	1/ 3/2019
1:33.02	Grand Blanc (TEMPO)	Ypsilanti/MITS State .....	2/23/2019
1:34.03	East Kentwood	Grand Rapids/Wendy's Challenge .....	3/26/2019
1:34.41	Northville	Ypsilanti/Huron Relays (large).....	3/23/2019
1:35.30	Holt	East Lansing/True-Team Inv .....	3/27/2019
1:35.72	Grand Rapids Kenowa Hills	Grand Rapids/Wendy's Challenge .....	3/26/2019
1:36.01	Ann Arbor Pioneer (A2TC)	Ypsilanti/MITS .....	1/11/2019
1:36.13	Ann Arbor Huron	Ypsilanti/Huron Relays (large).....	3/23/2019
1:36.75	Detroit Renaissance	Ypsilanti/Huron Relays (small) .....	3/22/2019
1:36.87	Okemos	East Lansing/True-Team Inv .....	3/27/2019

**Mixed Teams:**

1:30.59	Track Life #	Houston/Lewis Invitational.....	1/12/2019
1:32.28	Elite Performance #	Ypsilanti/MITS State .....	2/23/2019
1:32.60	Grand Rapids TC #	Ypsilanti/MITS State .....	2/23/2019
1:33.11	Michigan Mustangs #	Ypsilanti/MITS State .....	2/23/2019
1:33.20	Blazers #	Ypsilanti/MITS State .....	2/23/2019
1:34.23	Prime Time Performance #	Ypsilanti/MITS State .....	2/23/2019
1:35.03	Tone Up Elite #	Ypsilanti/MITS State .....	2/23/2019
1:35.36	Peoples Choice #	Ypsilanti/MITS State .....	2/23/2019
1:35.37	Breen #	Ypsilanti/MITS State .....	2/23/2019
1:35.55	Ann Arbor Youth #	Ypsilanti/MITS State .....	2/23/2019

**Oversized Track:**

1:28.41	Track Life #	Geneva/SPIRE Scholastic Showcase .....	2/10/2019
1:28.87	Track Life #	Saginaw/MITS .....	1/19/2019
1:30.90	Motor City (Oak Park)	Geneva/SPIRE Scholastic Showcase .....	2/10/2019
1:31.71	Black #	Saginaw/MITS .....	1/19/2019
1:34.82	MMTC #	Saginaw/MITS .....	1/19/2019
1:34.93	Road Runners #	Allendale/Gazelle Elite .....	2/16/2019
1:34.99	TEMPO (Grand Blanc)	Saginaw/MITS .....	1/19/2019

**4 x 400 RELAY**

3:26.74	Oak Park (MCTC)	Ypsilanti/MITS State .....	2/24/2019
3:26.89	Oak Park (MCTC)	New York/New Balance Nationals .....	3/ 8/2019
	(Jason Flake 52.18, Javonne Kirksey 51.88, Josh Flake 51.63, Jeremiah Smith 51.20)		
3:29.30	Oak Park	Ypsilanti/Huron Relays (large).....	3/23/2019
3:33.78	Ann Arbor Pioneer (A2TC)	Ypsilanti/MITS State .....	2/24/2019
3:34.68	Hudsonville (Hudsontown)	Ypsilanti/MITS State .....	2/24/2019
3:35.44	Ann Arbor Skyline (Tortoise & Hare)	Ypsilanti/MITS State .....	2/24/2019
3:37.17	Lake Orion	Ypsilanti/Huron Relays (large).....	3/23/2019
3:38.13	Northville	Ypsilanti/Huron Relays (large).....	3/23/2019
3:38.24	Detroit Renaissance	Ypsilanti/Huron Relays (small) .....	3/22/2019
3:38.76	Canton	Ypsilanti/Huron Relays (large).....	3/23/2019
3:38.77	East Kentwood	Grand Rapids/Wendy's Challenge .....	3/26/2019

**Mixed Teams:**

3:26.33	Prime Time Performance #	Ypsilanti/MITS State	2/24/2019
3:27.08	TEMPO #	Ypsilanti/MITS State	2/24/2019
3:27.12	Michigan Racers #	Ypsilanti/MITS State	2/24/2019
3:31.85	Elite Performance #	Ypsilanti/MITS State	2/24/2019
3:32.34	Inferno #	Ypsilanti/MITS State	2/24/2019
3:33.38	16 Ways #	Ypsilanti/MITS State	2/24/2019
3:33.97	Ann Arbor TC #	Ypsilanti/MITS State	2/24/2019

**Oversized Track:**

3:22.37	Motor City (Oak Park)	Geneva/SPIRE Scholastic Showcase	2/10/2019
3:23.14	Motor City (Oak Park)	Saginaw/MITS	2/16/2019
3:23.51	Motor City (Oak Park)	Saginaw/MITS	1/19/2019
3:24.71	Michigan Racers #	Saginaw/MITS	2/16/2019
3:27.76	Prime Time #	Geneva/SPIRE Scholastic Showcase	2/10/2019
3:30.26	Elite Performance #	Saginaw/MITS	12/ 8/2018
3:31.92	TEMPO (Grand Blanc)	Saginaw/MITS	1/19/2019
3:34.46	Inferno TC #	Saginaw/MITS	12/ 8/2018

**4 x 800 RELAY**

8:08.00	Ann Arbor Pioneer (A2TC)	Ypsilanti/MITS State	2/24/2019
8:13.98	Oak Park (MCTC)	Ypsilanti/MITS State	2/24/2019
8:14.15	Saline (Sprit of Pre)	Ypsilanti/MITS State	2/24/2019
8:21.03	Ann Arbor Skyline (Tortoise & Hare) <i>(Jesse Edelstein, Isaac Darragh, TJ Dokas, Daniel Evans)</i>	Ypsilanti/MITS State	2/24/2019
8:26.28	Canton	Ypsilanti/Huron Relays (large)	3/23/2019
8:30.49	Portage Northern (Mad Dog)	Ypsilanti/MITS State	2/24/2019
8:30.98	Birmingham Seaholm	Ypsilanti/Huron Relays (large)	3/23/2019
8:31.34	Dearborn Divine Child	Ypsilanti/Huron Relays (small)	3/22/2019
8:31.67	East Grand Rapids	Grand Rapids/Wendy's Challenge	3/26/2019
8:31.72	Plymouth	Ypsilanti/Huron Relays (large)	3/23/2019

**Mixed Teams:**

8:10.54	Trinity Project #	Ypsilanti/MITS State	2/24/2019
8:17.18	Prime Time Performance #	Ypsilanti/MITS	2/ 2/2019
8:19.12	Dearborn TC #	Ypsilanti/MITS State	2/24/2019
8:25.56	Ithaca #	Ypsilanti/MITS State	2/24/2019
8:27.90	Bash #	Ypsilanti/MITS State	2/24/2019

**Oversized Track:**

8:09.87	Trinity #	Saginaw/Distance Festival	2/ 9/2019
8:19.88	Tortoise & Hare (Skyline)	Saginaw/Distance Festival	2/ 9/2019
8:22.82	Big Mac Boiz (Saugatuck)	Allendale/adidas Open	1/12/2019
8:28.40	Breen #	Saginaw/Distance Festival	2/ 9/2019
8:31.65	Dearborn #	Saginaw/Distance Festival	2/ 9/2019

**4 x MILE**

18:07.25	Clarkston (Breen) <i>(Nathan Sesti 4:28.81, Mark Sprague 4:37.55, Brendan Favazza 4:32.97, Shawn Slater 4:27.92)</i>	New York/New Balance Nationals	3/ 9/2019
18:16.96	Corunna (Corunna) <i>(Ben Jacobs 4:25.20, Evan Roka 4:34.18, Mason Warner 4:42.79, Charlie Bruckman 4:34.79)</i>	New York/New Balance Nationals	3/ 9/2019

**1200 SPRINT MEDLEY**

2:39.92	Zeeland East	Grand Rapids/Wendy's Challenge	3/26/2019
2:40.36	Forest Hills Eastern	Grand Rapids/Wendy's Challenge	3/26/2019
2:41.03	Stevensville Lakeshore	Grand Rapids/Wendy's Challenge	3/26/2019

**SPRINT MEDLEY**

3:33.20	Oak Park (MCTC) <i>(Corion Montgomery, Michael Bowens, Jason Flake 50.74, Javonne Kirksey 1:56.95)</i>	New York/New Balance Nationals	3/ 9/2019
3:33.22	Prime Time Performance #	Ypsilanti/MITS State	2/23/2019
3:34.73	TEMPO #	Ypsilanti/MITS State	2/23/2019
3:35.25	Motor City TC (Oak Park)	Ypsilanti/MITS State	2/23/2019
3:37.77	Dearborn TC #	Ypsilanti/MITS	1/ 5/2019
3:38.68	Motor City TC (Oak Park)	Ypsilanti/MITS	2/ 2/2019

3:42.13	Spikes #	Ypsilanti/MITS .....	1/ 5/2019
3:45.30	Blazers #	Ypsilanti/MITS State .....	2/23/2019
3:46.56	Team Gump (Sparta)	Ypsilanti/MITS State .....	2/23/2019
3:46.70	Dearborn TC #	Ypsilanti/MITS State .....	2/23/2019
3:47.67	Tortoise & Hare (Skyline)	Ypsilanti/MITS State .....	2/23/2019
3:47.77	Jackalopes (Pinckney)	Ypsilanti/MITS .....	2/ 2/2019
3:48.90	Michigan Mustangs #	Ypsilanti/MITS .....	2/ 2/2019
3:52.20	Trinity Project #	Ypsilanti/MITS .....	2/16/2019
3:52.26	Blaze #	Ypsilanti/MITS .....	1/ 5/2019
3:52.46	Trojan Athletics #	Ypsilanti/MITS .....	2/16/2019
3:53.02	Breen #	Ypsilanti/MITS .....	2/ 2/2019
3:53.30	6 Mile TC #	Ypsilanti/MITS .....	1/ 5/2019
3:53.41	Spirit of Pre (Saline)	Ypsilanti/MITS .....	2/16/2019
3:53.50	Blaze/Cleveland (Niles)	Ypsilanti/MITS State .....	2/23/2019
3:55.43	Flint Powers	Grand Rapids/Gardiner Inv .....	3/23/2019

**Oversized Track:**

3:34.97	Motor City TC (Oak Park)	Saginaw/MITS .....	2/16/2019
3:42.34	Silver Streak (Carman-Ainsworth)	Saginaw/MITS .....	2/16/2019
3:43.68	TEMPO (Grand Blanc)	Saginaw/MITS .....	1/12/2019
3:43.86	Jackalopes (Pinckney)	Saginaw/MITS .....	2/16/2019
3:45.02	Speed Academy #	Saginaw/MITS .....	2/16/2019
3:45.74	Prime Time Performance #	Saginaw/MITS .....	1/12/2019
3:45.97	Team Gump #	Saginaw/MITS .....	2/16/2019
3:47.98	Trinity #	Saginaw/MITS .....	1/12/2019
3:48.59	Dearborn TC #	Saginaw/MITS .....	1/12/2019

**MIDDLE DISTANCE MEDLEY (80-400-400-800)**

**Oversized Track:**

5:55.54	Hudsonville	Allendale/Laker Challenge .....	3/20/2019
5:56.28	Grand Rapids South Christian	Allendale/Laker Challenge .....	3/20/2019
5:59.47	Battle Creek Lakeview	Allendale/Laker Challenge .....	3/20/2019
6:02.06	East Kentwood	Allendale/Laker Challenge .....	3/20/2019
6:05.61	Allegan	Allendale/Laker Challenge .....	3/20/2019
6:06.36	Grand Haven	Allendale/Laker Challenge .....	3/20/2019
6:07.86	Spring Lake	Allendale/Laker Challenge .....	3/20/2019

**DISTANCE MEDLEY**

10:34.34	Ann Arbor Pioneer (A2TC)	Ypsilanti/MITS State .....	2/23/2019
10:39.60	Ann Arbor Pioneer (A2TC)	Ypsilanti/MITS .....	1/11/2019
10:41.37	Milford (Red Tide)	Ypsilanti/MITS State .....	2/23/2019
10:45.35	Ann Arbor Pioneer (A2TC)	Ypsilanti/MITS .....	2/ 2/2019
10:46.04	Hudsonville (Hudsonville)	Ypsilanti/MITS State .....	2/23/2019
10:46.16	Ann Arbor Skyline (Tortoise & Hare)	Ypsilanti/MITS State .....	2/23/2019
10:47.34	Saugatuck (Big Mac Boiz)	Grand Rapids/MITS .....	2/ 9/2019
10:48.72	Saline (Sprit of Pre)	Ypsilanti/MITS State .....	2/23/2019
10:48.95	Chelsea (Possum Nuggets)	Ypsilanti/MITS State .....	2/23/2019
10:49.29	Birmingham Seaholm	Ypsilanti/Huron Relays (large) .....	3/23/2019
10:49.32	Niles (Blaze/Cleveland)	Ypsilanti/MITS State .....	2/23/2019
11:01.91	Oak Park (MCTC)	Ypsilanti/MITS .....	12/15/2018

**Mixed Teams:**

10:42.09	Prime Time Performance #	Ypsilanti/MITS State .....	2/23/2019
10:44.30	Ann Arbor TC #	Ypsilanti/MITS State .....	2/23/2019
10:46.94	Trinity Project #	Ypsilanti/MITS State .....	2/23/2019
10:58.37	Inferno TC #	Ypsilanti/MITS .....	12/15/2018
10:59.20	Michigan Project #	Ypsilanti/MITS .....	12/15/2018
10:59.36	Dearborn TC #	Ypsilanti/MITS State .....	2/23/2019
11:00.26	Blaze TC #	Ypsilanti/MITS .....	2/ 2/2019

**Oversized Track:**

10:47.4	Red Tide (Milford)	Saginaw/Distance Festival .....	2/ 9/2019
10:51.60	Inferno #	Lexington/UK Invitational .....	2/16/2019
10:52.57	16 Ways #	Lexington/UK Invitational .....	2/16/2019
10:53.4	Spirit of Pre (Saline)	Saginaw/Distance Festival .....	2/ 9/2019

10:55.6 Tortoise & Hare (Skyline)  
10:58.20 Breen #  
10:59.61 Prime Time Performance #

Saginaw/Distance Festival ..... 2/ 9/2019  
Saginaw/MITS..... 1/12/2019  
Saginaw/MITS..... 1/12/2019

**MIXED 4 x 400 (boy/girl)**

4:12.73 Petoskey  
4:20.40 Irish TC  
4:27.91 Woods TC (Alpena)

Saginaw/MITS..... 2/16/2019  
Saginaw/MITS..... 2/16/2019  
Saginaw/MITS..... 2/ 2/2019